



Please print clearly

Date:	Name: _____	Provider #: _____ <small>(if applicable)</small>
	Center Name: _____	Center #: _____ <small>(3 digits)</small>
	Address: _____	
	City: _____	State: _____ Zip: _____

Please fill out the test by hand.

1. Behaviors that allow child to avoid what he'd rather not experience are called:
 - a) adoptive responses b) negative responses c) avoidance behavior response
 - d) experience behavior response e) negative experience

2. Which of the following is an avoidance response?
 - a) crying b) sticking tongue out c) throwing fork on floor
 - d) all of these e) none of these

3. Which of the following is **NOT** a reason for an avoidance response?
 - a) child is not hungry b) child doesn't like the food
 - c) does not want to gain weight d) eating causes child physical discomfort
 - e) not eating gets attention from the caregiver

4. Which of the following does **NOT** contribute to a child learning that eating is enjoyable:
 - a) strict code of behavior at the table b) child sees you enjoy eating
 - c) comfort child with cookies and candy d) established meal time
 - e) encourage child to verbalize his feelings

5. It is important to set aside quiet time before the meal.

TRUE or FALSE

6. Never allow desserts to be served first.

TRUE or FALSE

7. Plates with curved sides are easier for younger children to work with.

TRUE or FALSE

8. Offer new foods in a matter-of-fact way.

TRUE or FALSE



9. Because obesity is such a problem, an overweight child should be given special foods.
 TRUE or FALSE

10. Snacks should be given whenever the child is hungry or thirsty.
 TRUE or FALSE

Please match the appropriate letter to each question

- | | |
|--|---|
| 11. _____ Avoidance behavior is defined as | a. Gently pushing plate away |
| 12. _____ One way to help a child learn that eating is enjoyable | b. Adaptive responses learned through experiences |
| 13. _____ Good avoidance behavior | c. Set up regular meal & snack times |
| 14. _____ Bad avoidance behavior | d. Feeding infants on demand |
| 15. _____ Children learn that their hunger needs will be met | e. Crying, closed lips, gagging |
| 16. _____ One reason for avoidance response behavior | f. Eating causes the child discomfort |

By signing and dating this form, you are agreeing that you have filled out this test to the best of your ability.

Signature

Date

Do not write below this line

DATE CREDIT IS ASSIGNED

PROGRAM REPRESENTATIVE

CREDIT HOURS